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# **Using Statistical Principles to Implement FDA Guidance on Cardiovascular Risk Assessment for Diabetes Drugs**

**David Manner, Brenda Crowe and Linda Shurzinske**

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The Lilly logo is written in a red, cursive script font.

**Answers That Matter.**

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# Acknowledgements

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# Outline

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- 1) Review of FDA Guidance Documents
- 2) Description of Phase 2 and 3 Studies
- 3) Statistical Approaches to Cardiovascular Outcomes Study
- 4) Statistical Approaches to Meta-Analyses
- 5) Including Cardiovascular Outcomes study into the Meta-Analysis
- 6) Conclusion

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# **FDA Guidance Documents**

# FDA Draft Guidance Document (Feb 2008)

Title: Diabetes Mellitus – Developing Drugs and Therapeutic Biologics for Treatment and Prevention

Recommendations regarding exposure:

	<b><u>Total Exposed</u></b>	<b><u>≥ 1 year</u></b>	<b><u>≥ 1.5 years</u></b>
No. of Patients	2,500	1,300-1,500	300-500

# FDA Guidance Document (Dec 2008)

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Title: Diabetes Mellitus – Evaluating Cardiovascular Risk in New Antidiabetic Therapies to Treat Type 2 Diabetes

Provides recommendations on how to demonstrate that new antidiabetic therapies are not associated with an unacceptable increase in cardiovascular risk

# Recommendations

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- Independent CV Endpoints Committee adjudicates, in a blinded manner, CV events from Phase 2 and 3 studies
- Perform a meta-analysis of Phase 2 and Phase 3 studies (include placebo-controlled, add-on and active-controlled studies)
- Include patients at higher risk of CV events (elderly, relatively advanced disease)
- Likely need to increase duration of studies (> 6 months)

# Statistical Assessment

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- Compare the incidence of CV events of the investigational agent to that of the control group
- Using meta-analysis and/or a large safety trial, determine whether the Upper Bound (UB) of the 95% CI for the estimated hazard ratio is  $< 1.8$ .
- If the upper bound of the 95% CI is between 1.3 and 1.8, then a post-marketing trial will generally be necessary to demonstrate the estimated hazard ratio is  $< 1.3$ .
- If the upper bound of the 95% CI is  $< 1.3$ , a post-marketing trial will not generally be necessary.



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# **Phase 2 and 3 Clinical Trials for Antidiabetic Therapies**

# Phase 2 and 3 Clinical Trials (General)

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Relatively healthy diabetic patients (low CV risk, kidney exclusion)

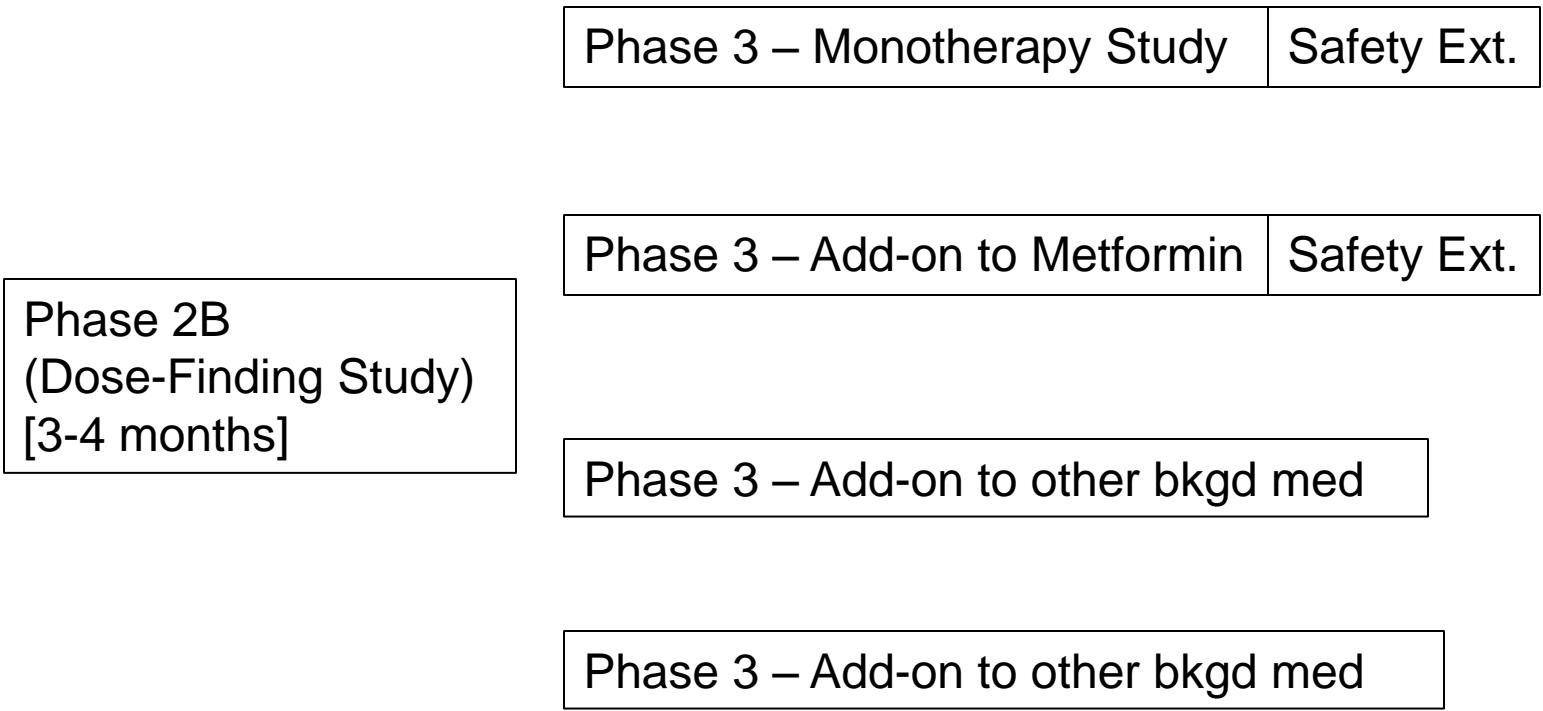
Low CV event rate

Duration (6-24 months)

Multiple dose levels of experimental drug

Background antidiabetic medication may differ between studies

# Example Development Program



# Compound Development Implications to conduct Meta-analysis

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- ❑ Design Similar Studies:
  - Inclusion/exclusion criteria, target populations, blinding, randomization, duration of studies
  - Handling of rescue medication
  - Background medications
  - Follow-up on discontinued patients
  - Higher risk patients included
- ❑ Adjudicated CV Events (formation of Clinical Endpoint Committee)
- ❑ Statistical Analysis Plan for meta-analysis

# Number of Events Needed

<b>NI Margin</b>	<b>80% Power</b>	<b>90% Power</b>
1.8	91	122
1.3	456	611

Assume 95% CI

# Number of Patients Needed

Annual Event Rate (Drug)	Annual Event Rate (Control)	Total Sample size			
		< 1.3		< 1.8	
		<u>80%</u>	<u>90%</u>	<u>80%</u>	<u>90%</u>
1%	1%	12,762	17,084	2,544	3,404
1.5%	1.5%	8,620	11,540	1,718	2,300
2%	2%	6,508	8,712	1,298	1,736

Assume 95% CI, 2 year accrual, 5 year maximum duration, 5% dropout rate per year, Equal Randomization

# Recent Examples (Retrospective Analyses)

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## Liraglutide:

Total Number of Patients on Liraglutide: 4,257

Total Number of Patients on AC or PL: 2,381

38 total events (0.57% event rate)\*

\*Custom MACE, Population B

## Saxagliptin:

Total Number of Patients on Saxagliptin: 3,356

Total Number of Patients on AC or PL: 1,251

40 events (0.87% event rate)\*

\*Custom MACE

# How to get Sufficient Number of CV Events?

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Options:

- Increase duration and patient numbers in phase 3 clinical trials
- Enroll higher risk patients in phase 3 studies
- Start CV Outcomes Study at the time phase 3 studies begin



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# **CV Outcomes Study**

# CV outcomes Trial

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Decide on Composite Endpoint (MACE, MACE +1, etc.)

- MACE (Myocardial Infarction, Stroke, and CV mortality)
- Example of MACE + 1 (Myocardial Infarction, Stroke, CV mortality, hospitalization for unstable angina)
- Other possibilities for “+1” component of composite endpoint

Parallel, two-arm study, diabetic patient population

- Increased CV risk (CV history, elderly, etc.)

# CV Outcomes Study

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Survival Analysis methods used

Statistical power driven by number of events (not number of patients)

Goal : We want to show Upper Bound of 95% CI is  $< 1.3$

Given the number of events, the actual number of patients needed will depend on enrollment pattern, drop-out rate, follow-up time, and event rates

Two big questions:

What is the event rate?

What is the true hazard rate?

# CV Outcomes Study (Cont.)

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Possible Approaches:

Approach #1: Assume “worst case” hazard rate and event rate to determine number of events needed

- Problem: Possible to greatly inflate number of patients needed unnecessarily

Approach #2: Assume “optimistic” hazard rate and event rate to determine number of events needed

- Problem: Possible to have very low power

Use Sample Size Reestimation (Frequentist or Bayesian)

# CV Outcomes Study (Cont.)

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Sample Size Re-estimation (Frequentist Approach):

- Bauer and Kohne approach (1994)
- Divide Study into 2 Stages (Example Only):
  - Stage 1:
    - Perform Interim analysis when 33% of the information (events) is available
    - Spend small amount of alpha (0.0001) since purpose is SSR not stopping study
    - Calculate Conditional Power and determine number of patients needed to randomize to achieve desired conditional power

# CV Outcomes Study (Cont.)

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- Stage 2:
  - Enroll more patients
  - Final Analysis: combine evidence from both stages to make inference
  - Use p-value combination approach

# CV Outcomes Study – Bayesian Approach

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Approach proposed by Dr. Jason Connor (from Berry Consultants, Inc.) at Bayesian Biostatistical Conference 2009

Goal: Estimate CV event rate during the study in order to estimate the needed sample size

## Background:

Assume events follow exponential distribution

Prior:  $\lambda_t \sim \Gamma(0.001, 1)$

Likelihood:  $X_{i,t} \sim \text{Exp}(\lambda_t)$  for  $t \in \{0, 1\}$

# CV Outcomes Study – Bayesian Approach (Cont.)

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## Background (Cont.):

Suppose we observe  $EV_t$  events in  $EXP_t$  days of follow-up

Posterior:  $\lambda_t | \text{Data} \sim \Gamma(0.001 + EV_t, 1 + EXP_t)$

Calculate posterior distribution for  $\lambda_1 / \lambda_0$

Goal: Determine if 95% Credible Interval for  $\lambda_1 / \lambda_0$  is  $< 1.3$



# CV Outcomes Study – Bayesian Approach (Cont.)

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Perform Interim Analysis after xxx patients have enrolled

Calculate Predictive Probability of Trial Success –  $P_n$

- Given current sample size
- If we stop enrolling now
- Wait 1 year
- Perform Final analysis (95% CI for  $\lambda_1 / \lambda_0$  is  $< 1.3$ )

Calculation of  $P_n$  :

- Use patients currently enrolled who have not dropped out or had an event
- Simulate additional events per treatment group using updated event rates (assume exponential times to event)

# CV Outcomes Study – Bayesian Approach (Cont.)

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Define Success ( $S_n$ ) and Failure ( $F_n$ ) Bounds

Decision Rules :

- Stop Trial if  $P_n < F_n$
- Stop Accruing Patients if  $P_n > S_n$ 
  - Wait 1 year and do final analysis
- Keep enrolling if  $F_n < P_n < S_n$
- Stop at a maximum sample size

# CV Outcomes Study (Cont.)

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In addition to SSR, consider other adaptive features:

- Perform interim analysis for futility
- Use of alpha-spending functions in case testing at multiple interims for  $UB < 1.8$  or  $< 1.3$  is needed

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# Meta-Analysis

# Advantages of Meta-Analysis within a clinical development program

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- Individual Patient Data (IPD) available
- Know date of event, so time to event analyses possible
- Events are adjudicated similarly
- Do not have publication bias issue
- Plan for the meta-analysis

# Meta-Analyses (Background)

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## Fixed Effects Models

- Each study population has same true treatment effect (therefore, observed effect differences between studies are due to sampling error)
- Assume studies are relatively homogeneous (no differences in study populations, patient-selection criteria)

## Random Effect Models

- Each study has a different treatment effect, however, these individual treatment effects are considered a random sample from a distribution with a true fixed treatment effect
- Does not assume studies are homogeneous

# Sparseness of Events Issue

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- Low CV event rate may lead to zero events in treatment arms or in entire study
- Exclude studies with zero events because they do not contribute much to the estimate of the treatment effect but can move treatment effect towards null hypothesis if included

# Sparseness of Events Issue (Cont.)

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- Include studies with zero events because they are providing information about event rates (sample size should be taken into account)
  - Use continuity correction factors to account for these studies
- For meta-analyses with rare events, fixed effects models are preferred (Sweeting, et al, *Statistics in Medicine* 2004)



# Survival Analysis

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Cox Proportional Hazard Model (stratify by study):

$$h_{ij}(t) = h_{oi}(t) \exp(\beta_1 x_{1ij})$$

where  $i=1, \dots, k$  (study)

$j=1, \dots, n_i$  (patient)

$h_{oi}(t)$  is common baseline hazard for study  $i$

$\beta_1$  is the log-hazard ratio

Note: Stratify by study because different patient populations may not satisfy proportional hazard assumption

# Proportional Hazard Model and Testing for Homogeneity

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Using Stratified Cox PH model, does not allow one to estimate the effect of the strata variable (study in this case)

Homogeneity can be tested by including a study-by-treatment interaction term into model

Note: This test has low statistical power

# Binary Analysis

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- Important: Stratify by study
- Fixed Effects Models:
  - Mantel-Haenszel (MH) method
  - Inverse variance (IV) weighted method
  - Peto method
  - Logistic Regression
  - Bayesian method
- Random Effects Models:
  - DerSimonian and Laird (DL) Method
  - Logistic Regression
  - Bayesian Method

# Continuity Corrections

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- Continuity Corrections:
  - Add 0.5 to each cell
  - Treatment arm continuity correction
    - Choose a proportionality constant  $k$
    - Add  $k / (\text{Sample size for Opposite Treatment Arm})$  to each cell
    - May be less biased when severe unbalance
  - Empirical continuity correction
    - Estimate odds ratio of non-zero studies
    - Takes into account imbalance between treatment groups
    - Assume corrections sum to 1 and solve for each

# Comparison of Binary Methods

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- Pay attention to group imbalance and sparseness of events
- When group imbalances occur, the MH, IV and DL methods are biased with Continuity Corrections of 0.5
- The MH approach provides the least biased results with group imbalances with either the treatment arm or empirical corrections
- Peto method increases in bias with larger group imbalance
- Logistic regression and Bayesian fixed effects models perform consistently well

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# **Including Cardiovascular Outcomes Study into Meta-Analysis**

# Two Tests of Hypothesis

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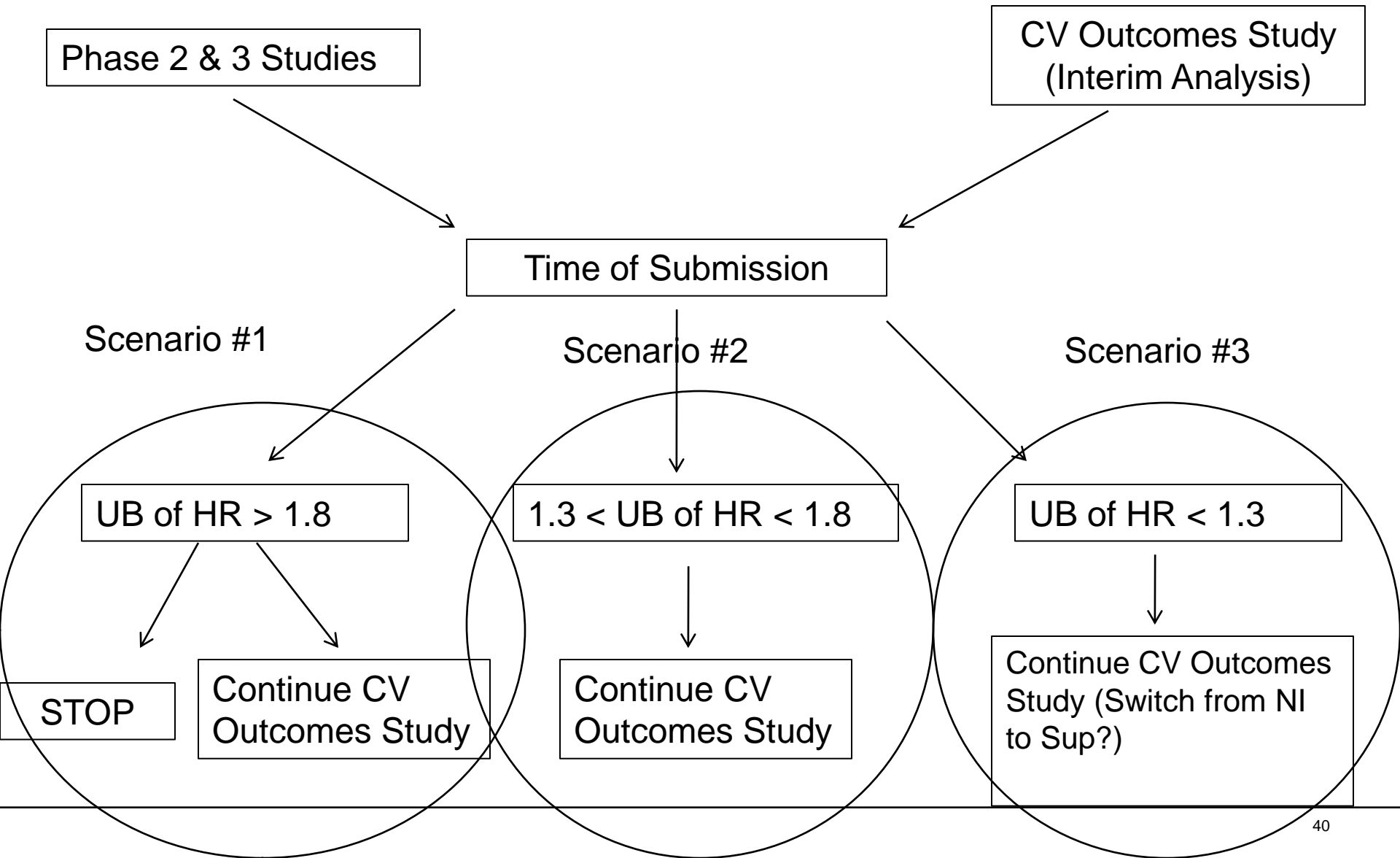
#1: Test the Upper Bound of the 95% confidence interval is  $< 1.8$

➤ Spend 0.05 alpha for this test

#2: Test the Upper Bound of the 95% confidence interval is  $< 1.3$

➤ Spend 0.05 alpha for this test

# Submission Strategy (Meta-Analysis)





# Scenario #1:

## What if Upper Bound of HR is $> 1.8$ ?

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Possible Options:

- Stop Development
- Continue CV Outcomes Study
  - If point estimate of hazard ratio is not very high
  - Perform another interim analysis in CV Outcomes Study to demonstrate UB is  $< 1.8$  (adjustment of alpha is necessary)
    - If the UB  $< 1.8$  has been demonstrated at an interim analysis, then use final analysis to test whether UB  $< 1.3$
    - If at conclusion of CV Outcomes Study only the UB  $< 1.8$  has been demonstrated, then a new post-marketing study will need to be started

# Scenario #2:

## What if $1.3 < \text{Upper Bound of HR} < 1.8$ ?

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Complete CV Outcomes study to demonstrate UB of hazard ratio is  $< 1.3$

If at completion of CV Outcomes study, the UB is  $> 1.3$ , then start new post-marketing study (assuming point estimate is not very high)

# Scenario #3:

## What if Upper Bound of HR < 1.3

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Strategy/Analysis Options:

Stop CV Outcomes Study

Continue CV Outcomes Study to confirm < 1.3

Switch CV Outcomes Study from Non-Inferiority to Superiority (assuming point estimate < 1)

# Analysis Questions

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Should meta-analyses continue to be performed to demonstrate  $UB < 1.8$  with each interim analysis in the CV Outcomes Study?

Should meta-analyses be used to demonstrate  $UB < 1.3$  at conclusion of CV Outcomes study?

# Conclusions

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The FDA guidance documents have definitely impacted development of new antidiabetic medications

- Greater scrutiny of CV risk
- Higher risk patients included

Different meta-analysis approaches can be used :

Preferred: Survival Analysis

Sensitivity Analysis: Binary Outcomes

# Conclusions (Cont.)

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Different statistical approaches can be used to design CV Outcomes study (especially with uncertainty around event rates)

Make allowances in design for adaptation:

- Sample size reestimation
- Adjustment of Type 1 error for multiple interim analyses
- Futility Analyses

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